

# JULY 2023

## Marshfield School District

### LUNCH



**Grant Elementary:**  
425 West Upham Street



**July 31 is National Avocado Day!** Go ahead and make yourself some avocado toast or mix up some guacamole to enjoy with chopped veggies or on a taco.



### MONDAY

Cheese Pizza Kit  
Fresh Apple  
Fruit & Vegetable  
Juice w/ 1% Milk

3

### TUESDAY

**No School – Happy  
4<sup>th</sup> of July!**

4

### WEDNESDAY

Beef & Cheese Stick  
Whole Grain Muffin  
Apple Slices, Carrots  
1% Milk

5

### THURSDAY

Turkey & Cheese on  
a Hawaiian Bun  
w/ Craisins, Fresh  
Veggie & 1% Milk

6

### FRIDAY

Turkey & Cheese Kit  
Fresh Apple  
Fruit & Vegetable  
Juice w/ 1% Milk

7

Cheese Pizza Kit  
Fresh Apple  
Fruit & Vegetable  
Juice w/ 1% Milk

10

Turkey & Cheese on  
a Hawaiian Bun w/  
Chips and Craisins,  
Carrots & 1% Milk

11

Beef & Cheese Stick  
Whole Grain Muffin  
Apple Slices, Carrots  
1% Milk

12

Uncrustable PB&J  
w/ Pretzels, Orange  
Wedges, Fresh Snap  
Peas and 1% Milk

13

Turkey & Cheese Kit  
Fresh Apple  
Fruit & Vegetable  
Juice w/ 1% Milk

14

Cheese Pizza Kit  
Fresh Apple  
Fruit & Vegetable  
Juice w/ 1% Milk

17

Turkey & Cheese on  
a Hawaiian Bun, w/  
Chex Mix, Craisins,  
Carrots & 1% Milk

18

Beef & Cheese Stick  
Whole Grain Muffin  
Apple Slices, Carrots  
1% Milk

19

Turkey & Cheese Kit  
Orange Wedges  
Fresh Green Beans  
Juice w/ 1% Milk

20

Cheese Pizza Kit  
Fresh Apple  
Fruit & Vegetable  
Juice w/ 1% Milk

21

24

25

26

27

28

31

